



Welcome Information

This information is given to all new athletes, coaches and volunteers within the club. It is imperative that you read and abide by all appropriate codes of conduct. If you feeling in any way that others within the club are not following these codes of conduct that you contact Melani Dean or Verity Lee as soon as possible.

As part of your application to join the club you will be asked to sign up to these codes of conduct.

Code of Conduct for Athletes

As a responsible athlete you will:

- Respect the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics and treat everyone equally.
- Uphold the same values of sportsmanship off the field as you do when engaged in athletics
- Cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in the best interests of the yourself and other athletes
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances
- Anticipate and be responsible for your own needs including being organised, having the appropriate equipment and being on time
- Inform your coach of any other coaching that you are seeking or receiving
- Always thank the coaches and officials who enable you to participate in athletics

As a responsible Athlete, when participating in or attending any athletics activities, including training/coaching sessions and competition events you will:

- Act with dignity and display courtesy and good manners towards others
- Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others, acts of violence, bullying, harassment and physical and sexual abuse
- Challenge inappropriate behaviour and language by others



- Never engage in any inappropriate or illegal behaviour
- Avoid destructive behaviour and leave athletics venues as you find them
- Not carry or consume alcohol to excess and/or illegal substances
- Avoid carrying any items that could be dangerous to yourself or others excluding athletics equipment used in the course of your athletics activity

In addition, athletes, especially vulnerable adults, should follow these guidelines on safe participation in athletics

- Do not respond if someone seeks private information unrelated to athletics such as personal information, home life information
- Report any accidental injury, distress, misunderstanding or misinterpretation to your parents/carers and club Welfare officer as soon as possible.
- Report any suspected misconduct by coaches or other people involved in athletics to the club welfare officer as soon as possible.

Club Welfare Officer Details

Name: Melani Dean

Email: melani.dean@yahoo.co.uk

Phone number: 07951230367

The Welfare Officer will:

- Deal with confidential matters that may arise related to athletes and have an understanding and an appropriate way to such matters.
- Responsible for the promotion of codes of conduct to members.
- Support the registration of all personnel involved with the club/organisation (DBS checks).
- Recognise the difference between poor practice in according to club rules and matters that would be seen as welfare issue.



10. Junior Club Code of Conduct

No junior codes of conduct have been provided as part of this template as it is advised that a club asks the juniors to produce their own code of conducts. This will give juniors greater ownership of the codes of conduct and lead to stricter codes of conducts being adhered to.